

BEHAVIORAL HEALTH IN PEDIATRIC PRIMARY CARE

Signal it's okay to talk about mental health

Ask for “anything else,” “Can you tell me what you mean by,” and follow-up on hints.

Involve all & set expectations

Make sure everyone has a chance to respond.

Develop a list of concerns by asking open-ended questions

“Tell me more.”

Summarize their concerns and ask for confirmation

“Is that correct?”

Ask permission to give recommendations

“That’s a great start! Do you mind if I make some suggestions too?”



Seattle Children's
Care Network